NFL Rushing Data Glossary

**Rk** -- **Rank**  
This is a count of the rows from top to bottom.  
It is recalculated following the sorting of a column.

**Age** -- Player's age on December 31st of that year

**Pos** -- **Position**  
In player and team season stats,  
Capitals indicates primary starter.  
Lower-case means part-time starter.

**Games**

**G** -- Games played

**GS** -- Games started as an offensive or defensive player

**Rushing**

**Att** -- Rushing Attempts (sacks not included in NFL)

**Yds** -- Rushing Yards Gained (sack yardage is not included by NFL)

**1D** -- First downs rushing

**YBC** -- Rushing yards before contact

**YBC/Att** -- Rushing yards before contact per rushing attempt

**YAC** -- Rushing yards after contact

**YAC/Att** -- Rushing yards after contact per rush

**BrkTkl** -- Broken tackles on rushes

**Att/Br** -- Rush attempts per broken tackle